

## **ME3ERG-XTRM-LO**

ASSEMBLY INSTRUCTIONS  
OPERATING INSTRUCTIONS

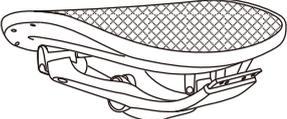
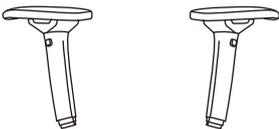
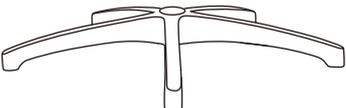
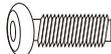
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# ASSEMBLY INSTRUCTIONS

Remove all items from the carton. Verify all components before assembly.

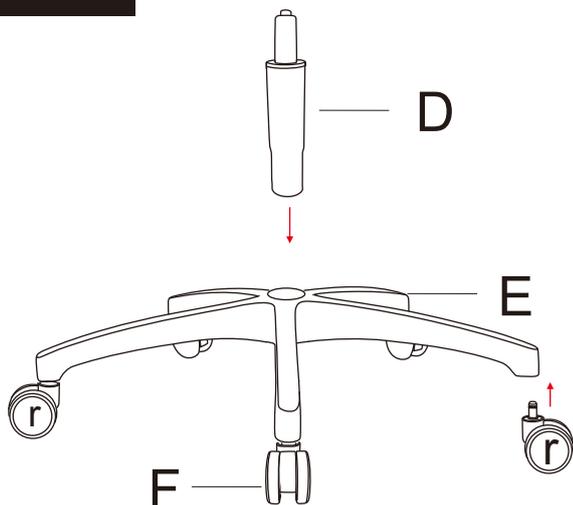
Part List				
Key	Description	Part	Qty.	Spare
A	Backrest		1	
B	Seat		1	
C	Armrests (1 left & 1 right armrest)		2	
D	Seat Post(Cylinder)		1	
E	Star Base		1	
F	Caster		5	
G	Arm Bolts (M8 X 22mm)		2	1
H	Back Bolts (M8 X 15mm)		4	1
I	Washers for Arm Bolts (Ø6.5*10.5*1.5mm)		2	1
J	Allen Wrench		1	

• Please tighten your chairs hardware every six months.

# ASSEMBLY INSTRUCTIONS

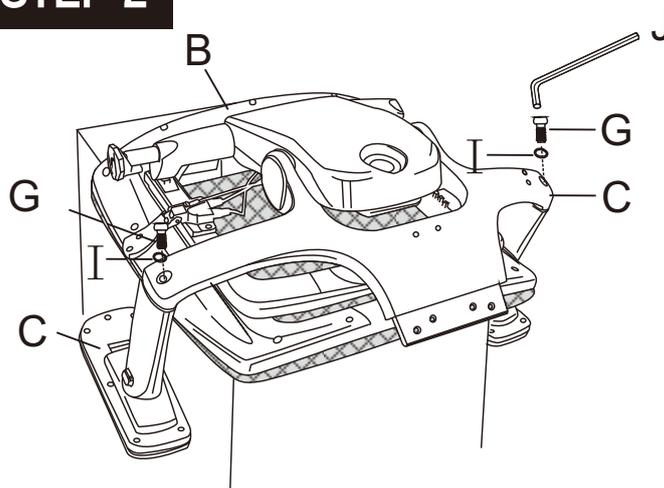
Remove all items from the carton. Verify all components before assembly.

## STEP 1



Press the Casters (F) into the holes at the end of each leg of the Base (E).  
Insert Seat Post (D) into the center hole of the Base (E).

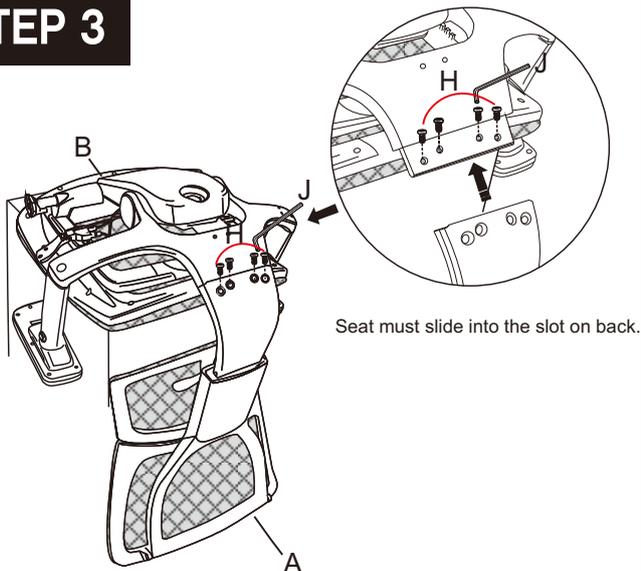
## STEP 2



**Please be careful to use the correct Arm Bolts (G), Washers (I) and Armrests (C) which are marked Left and Right.**

For easy assembly, place the Seat Cushion (B) face down on a flat surface. Attach Armrest (C) to the Seat Cushion (B) as shown using 1 Arm Bolt (G) with 1 Washer (I) on each arm. Tighten the bolts securely with the enclosed Allen Wrench (J).

## STEP 3



Seat must slide into the slot on back.

**Please be careful to use the correct Back Bolts (H).** Attach the Backrest (A) to the Seat Cushion (B) using 4 Back Bolts (H). Tighten the bolts securely with the enclosed Allen Wrench (J).

## STEP 4



Now turn the assembled seat upright and locate the center hole of the Mechanism over the Seat Post. Push down firmly until the connection is secure.

### PREVENTIVE MAINTENANCE AND WARNING!

- USE THIS PRODUCT ONLY FOR SEATING ONE PERSON AT A TIME.
- DO NOT USE THIS CHAIR AS A STEP STOOL / LADDER.
- DO NOT SIT ON ANY PART OF THE CHAIR EXCEPT THE SEAT.
- DO NOT USE CHAIR ON UNEVEN FLOOR SURFACES.
- DO NOT USE CHAIR UNLESS ALL BOLTS, SCREWS AND KNOBS ARE TIGHTENED.
- EVERY SIX MONTHS, PLEASE MAKE SURE ALL BOLTS, SCREWS AND KNOBS ARE FULLY TIGHTENED TO ENSURE STABILITY.
- IF ANY PARTS ARE MISSING, BROKEN, DAMAGED OR WORN, STOP USE OF THE PRODUCT UNTIL REPAIRS ARE MADE USING FACTORY AUTHORIZED PARTS.
- DISPOSE OF PACKAGING PROPERLY. PLASTIC BAG IS NOT A TOY. DO NOT USE PLASTIC BAG AS HEAD COVERING – IT MAY CAUSE SUFFOCATION.
- FAILURE TO FOLLOW THESE WARNINGS COULD RESULT IN SERIOUS INJURY.
- NOTE: SOME SCREWS MAY BE PREASSEMBLED. IF PREASSEMBLED, IGNORE ASSEMBLY INSTRUCTIONS.

# OPERATING INSTRUCTIONS

## A1 BACKREST TILT ANGLE ADJUSTMENT    A2 BACKREST TENSION ADJUSTMENT



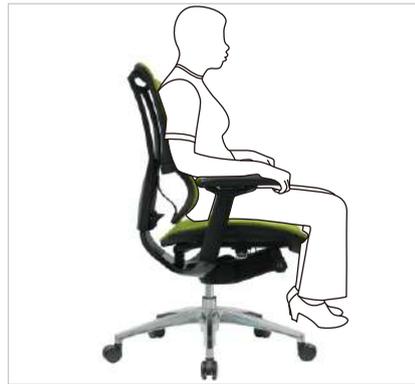
### A1 BACKREST TILT ANGLE ADJUSTMENT

While seated, pull the single rod control lever completely backward and lean against the back. When your desired angle is achieved, return the lever to the original middle position to lock your tilt angle into place. There are 4 positions that provide 25° of range.

### A2 BACKREST TENSION ADJUSTMENT

While seated, turn the Backrest Tilt Tension Adjustment handle clockwise or counterclockwise to adjust the tilt tension to your preferred level of resistance.

## B1 BACKREST HEIGHT ADJUSTMENT    B2 LUMBER SUPPORT HEIGHT ADJUSTMENT



### B1 BACKREST HEIGHT ADJUSTMENT

While seated, hold the sides of the backrest handle and move up or down. There is a 1.57" range of adjustment.

### B2 LUMBER SUPPORT HEIGHT ADJUSTMENT

A. The height of the lumbar support can be adjusted by lifting or lowering the backrest height.

B. Suitable height of the lumbar support provides optimum comfort.

## C1 ARMREST HEIGHT ADJUSTMENT    C2 ARMREST PAD ANGLE ADJUSTMENT



### C1 ARMREST HEIGHT ADJUSTMENT

While seated, push the button on the outside of each arm and move the armrests up or down. Release the button when you have reached your desired height. There are eight positions where the arm height can be locked. The arm height adjustment range is 3.15".

### C2 ARM PAD ANGLE ADJUSTMENT

While seated, a 9° range of movement can be achieved by swiveling the arm pads inward or outward.

# OPERATING INSTRUCTIONS

## C3 ARM PAD WIDTH ADJUSTMENT



## C4 ARM PAD FORWARD AND BACKWARD ADJUSTMENT



## C3 ARM PAD WIDTH ADJUSTMENT

While seated, push the arm pads outward or inward to a desired width. The range of movement is approximately 1.57".

## C4 ARM PAD FORWARD AND BACKWARD ADJUSTMENT

While seated, push the arm pads forward or backward to a desired position. The range of movement is approximately 1.57".

## D1 SEAT HEIGHT ADJUSTMENT



## D2 SEAT DEPTH ADJUSTMENT



## D1 SEAT HEIGHT ADJUSTMENT

While seated, pull the single rod control lever upward and hold it while raising or lowering the seat to reach your desired seat height. When the lever is released to its original position, the seat height is locked. The seat height adjustment range is approximately 3.5".

## D2 SEAT DEPTH ADJUSTMENT

While seated, push the single rod control lever forward to adjust the seat depth. The range of movement for the seat is approximately 1.97". When your desired seat position is achieved, return the lever to the original middle position to lock your seat position into place.