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POWERFIT

USER GUIDE **app**





POWERFIT

USER GUIDE Content



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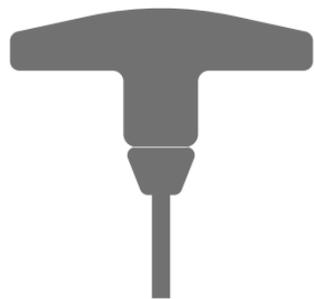
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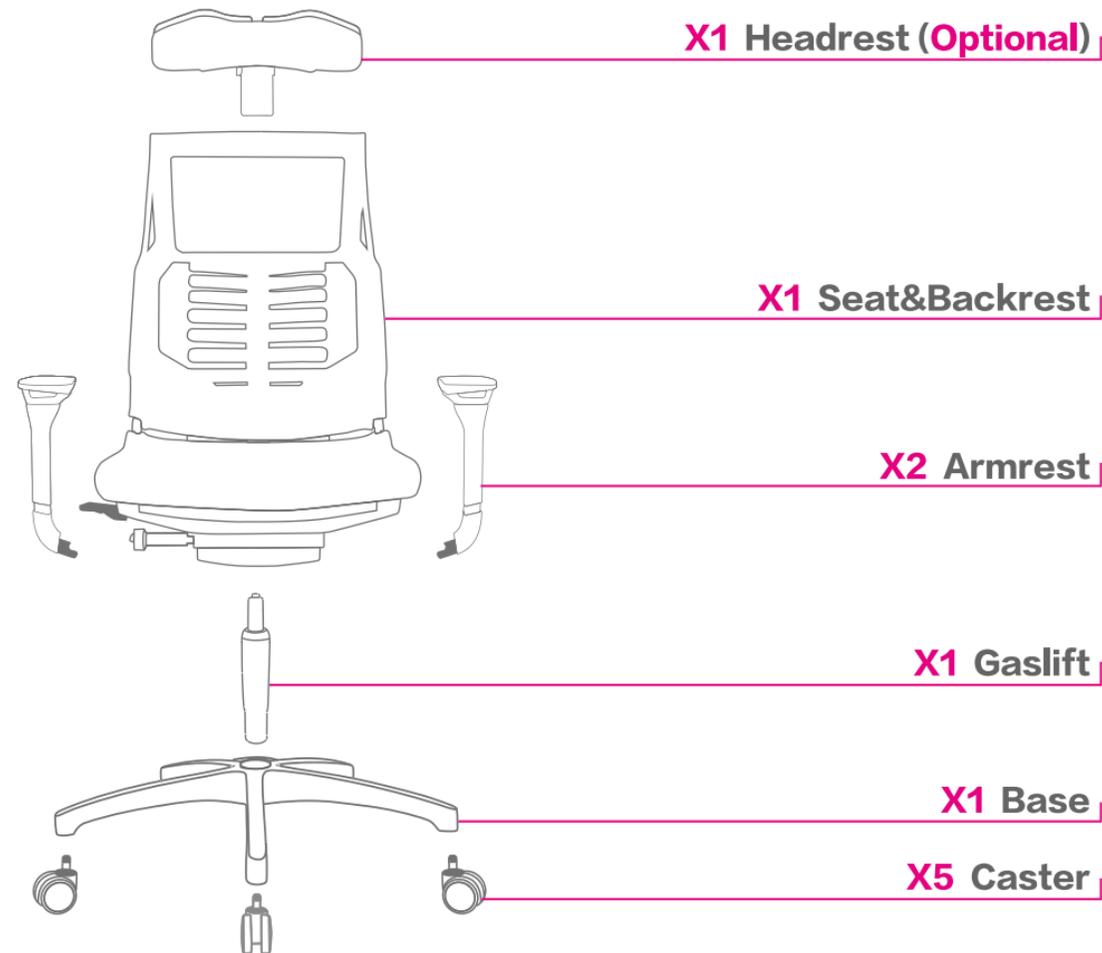


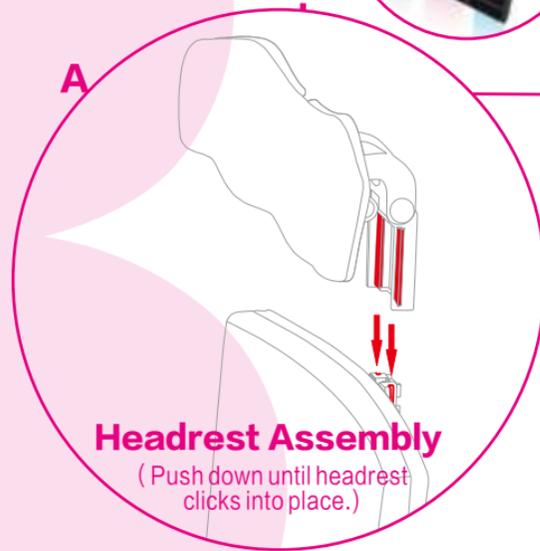
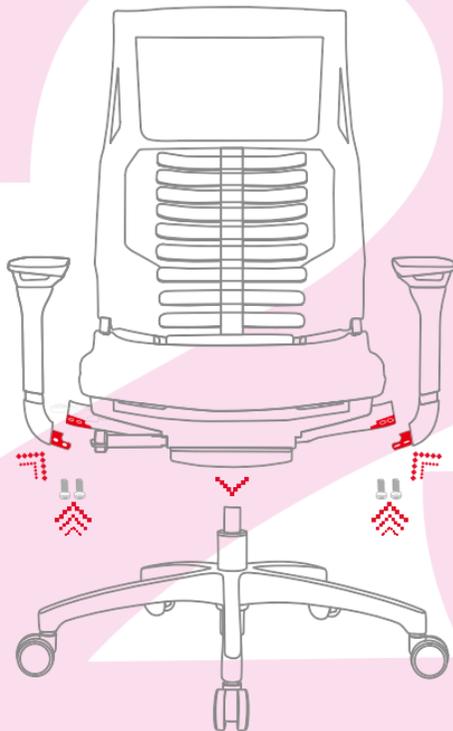
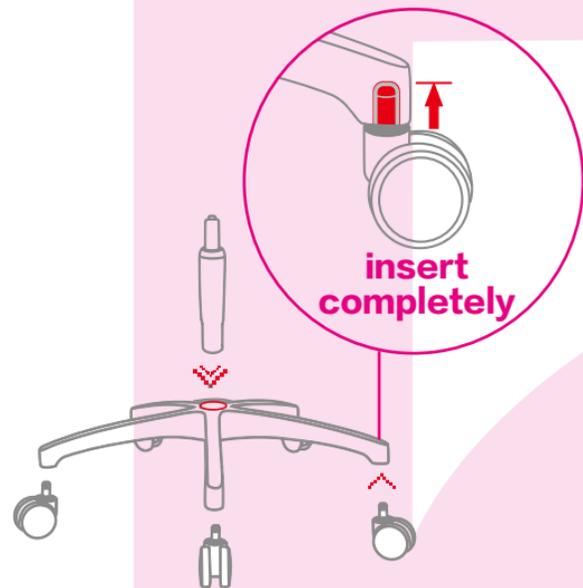
ALLEN WRENCH **X1**



X4 1/4 X 16mm (ARMREST)

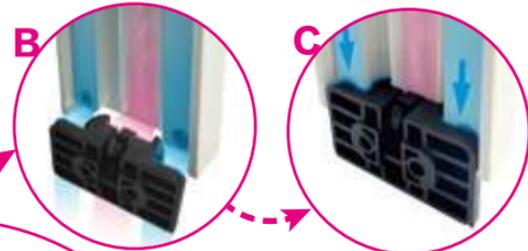
X1 1/4 X 16mm (SPARE)

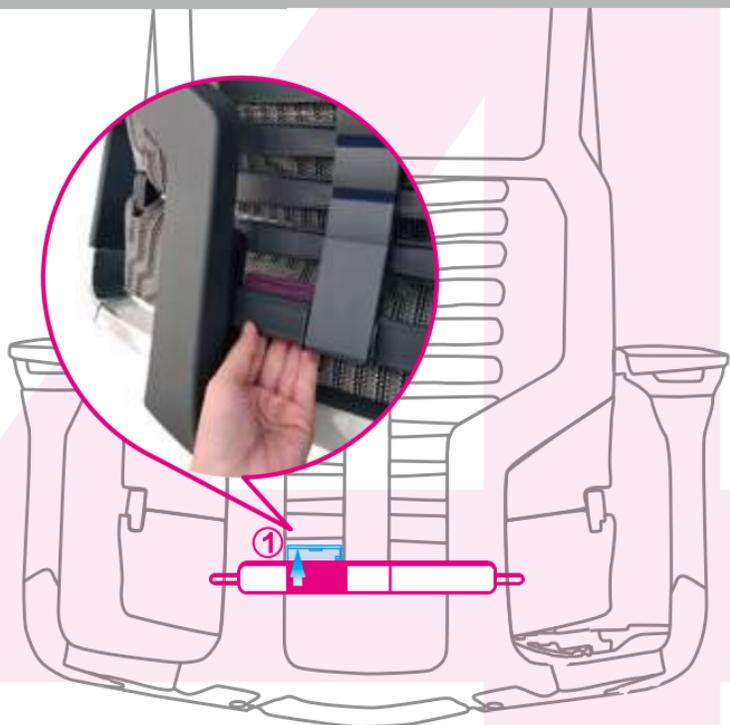




Attention:

Align at slots then push headrest down.



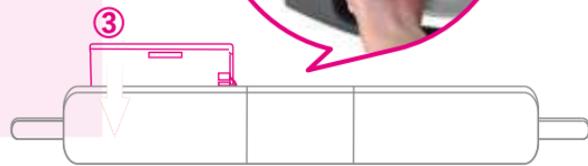


① Push up the battery box to open it.

AAA  **Backrest & Seat**

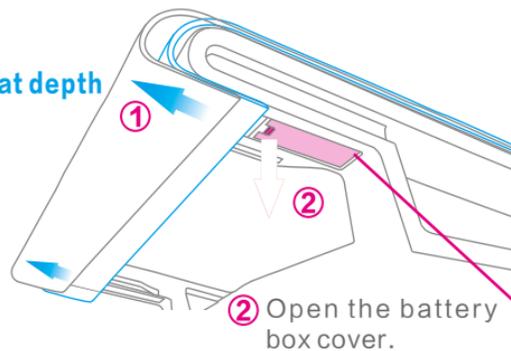


② Turn over the battery box, push the battery box cover out as per arrow direction to install batteries.



③ Slide the battery box from top to bottom to close it.

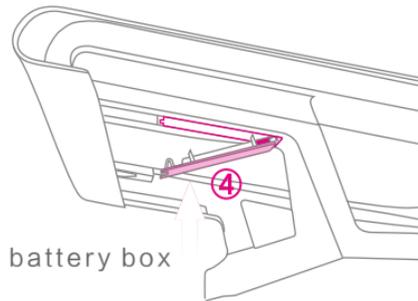
① Slide the seat depth forward.



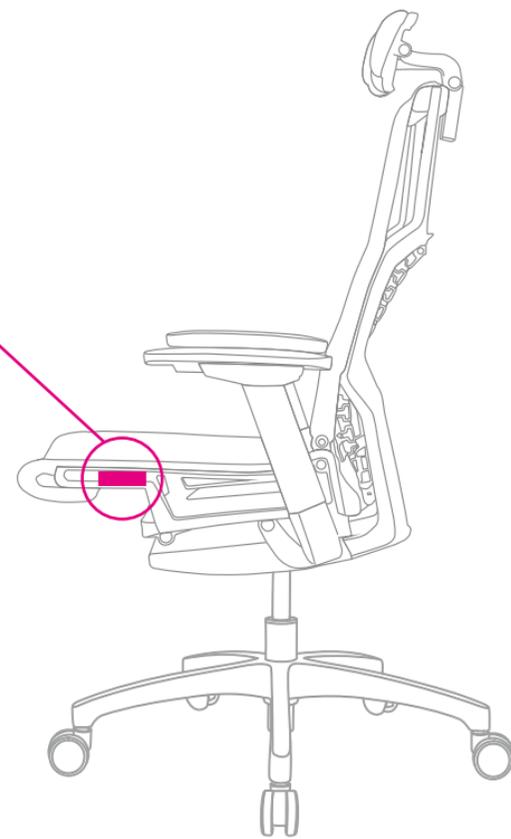
② Open the battery box cover.



③ Install batteries



④ Close the battery box cover.



FUNCTION CONTROLS

- 1 SINGLE LEVER CONTROL**
 - SEAT HEIGHT ADJUSTMENT
 - BACK TILT & LOCK ADJUSTMENT
- 2 BACK TILT ADJUSTMENT AND BACK TILT LOCK**
- 3 BIONIC LUMBAR POSITION ADJUSTMENT**
- 4 3D ARMREST**
- 5 SEAT DEPTH ADJUSTMENT**
- 6 LIVEMOTION LUMBAR AUTO-TRACKING SYSTEM**
- 7 5D HEADREST(OPTIONAL)**
- (8) HEALTHY & SMART APP**

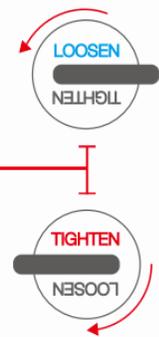


1 2 FUNCTION CONTROLS INTUITIVE ADJUSTMENT



BACK TILT TENSION

To loosen the tilt tension, turn the handle counterclockwise so "LOOSEN" is at the top.



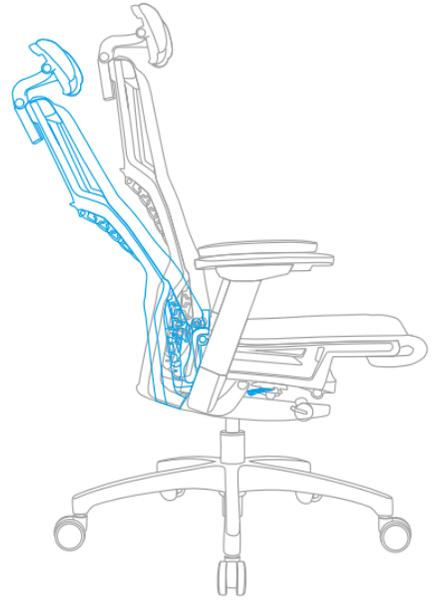
To tighten the tilt tension, turn the handle clockwise so "TIGHTEN" is at the top.

SEAT HEIGHT



Pull the lever up and hold to raise or lower seat height. Release the lever to lock seat in position.

BACK TILT



Push the lever backward to allow backrest tilt. Return the lever to the center to lock backrest. There are 4 locking positions.

BIONIC LUMBAR POSITION ADJUSTMENT

To increase lumbar support:

Hold both handles of the lumbar adjustment and lift upwards slowly to increase the lumbar support. There are total 7 levels of adjustment. Please adjust slowly.

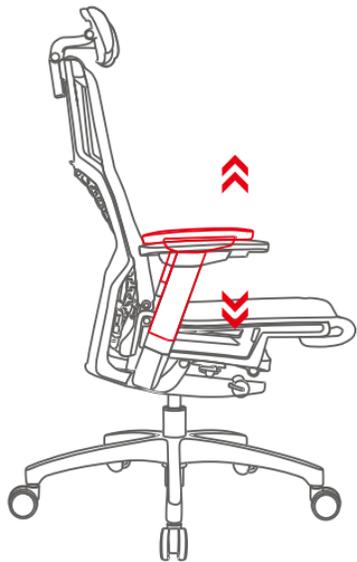
To reduce lumbar support:

Lift the handles “ ” to the top and push down. The Bionic Spine will return to its original position. Then adjust to the optimal position by lifting the handles slowly.

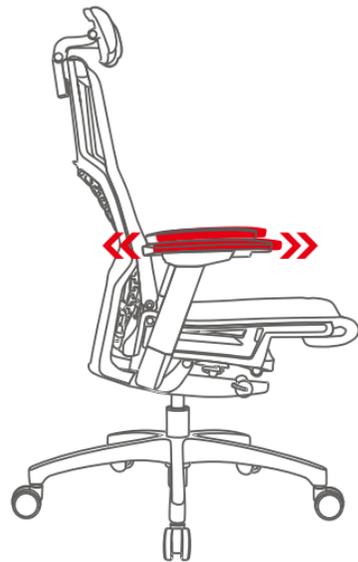
Attention: While adjusting the Bionic Spine, lean forward so there is no pressure on the back while making the adjustment.



4 5 FUNCTION CONTROLS ARMREST & SEAT DEPTH ADJUSTMENTS



HEIGHT



DEPTH



ANGLE

« SEAT DEPTH »

Hold both sides of the seat front edge.
Slide forwards or backwards to
increase or reduce seat depth.



LIVEMOTION

LUMBAR AUTO-TRACKING SYSTEM

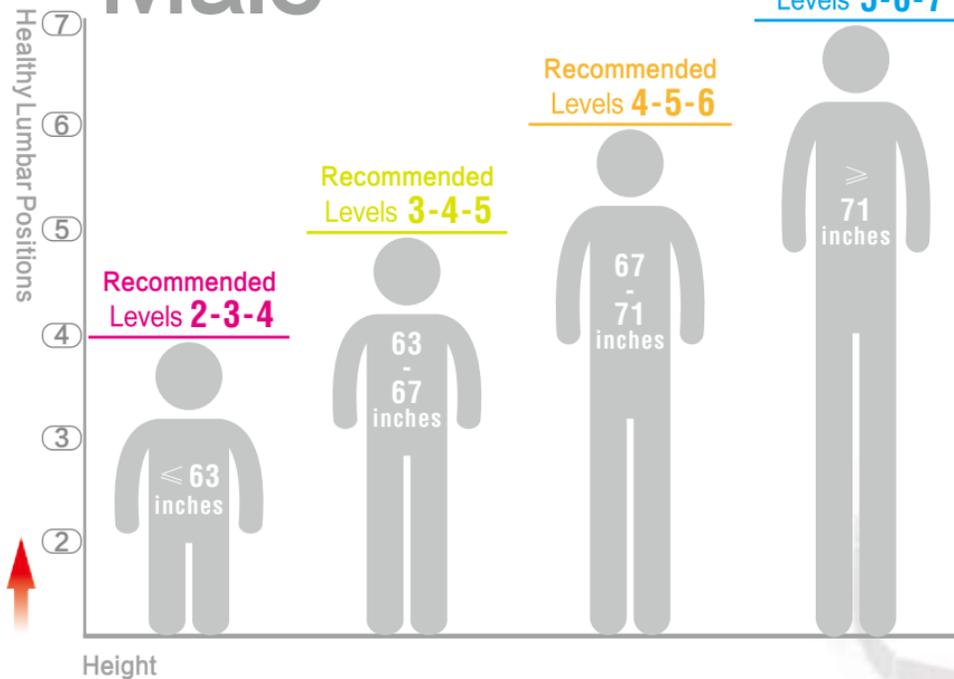


6 LIVEMOTION LUMBAR AUTO-TRACKING SYSTEM

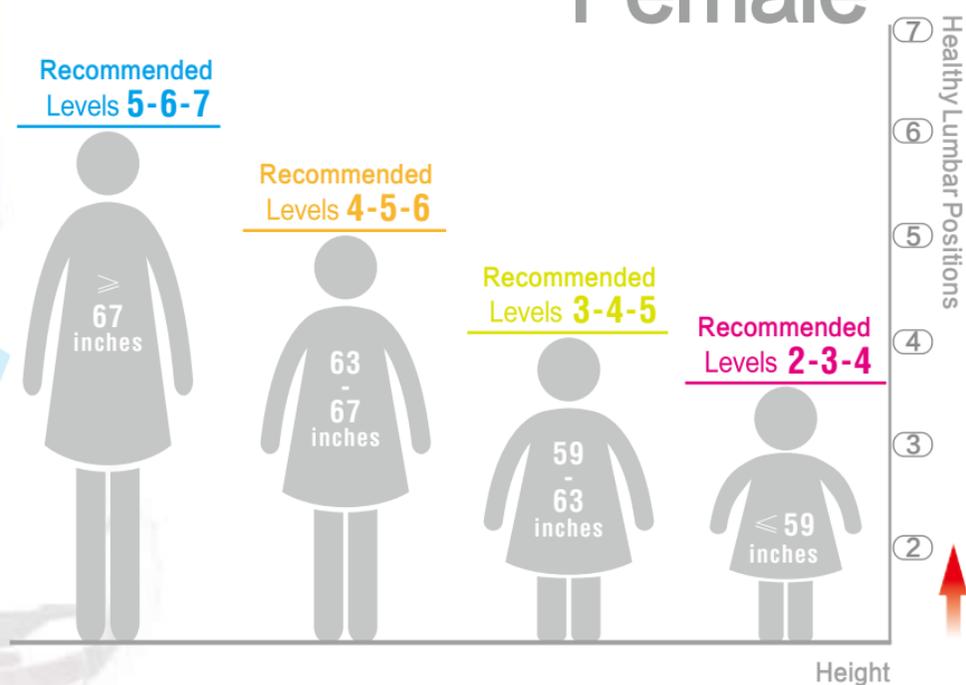
Delivers full support and superior comfort to user's lumbar & sacrum area when the user changes sitting posture. User's lumbar can be supported fully and automatically all the time in any sitting position.

HEALTHY LUMBAR POSITIONS SETTING GUIDANCE

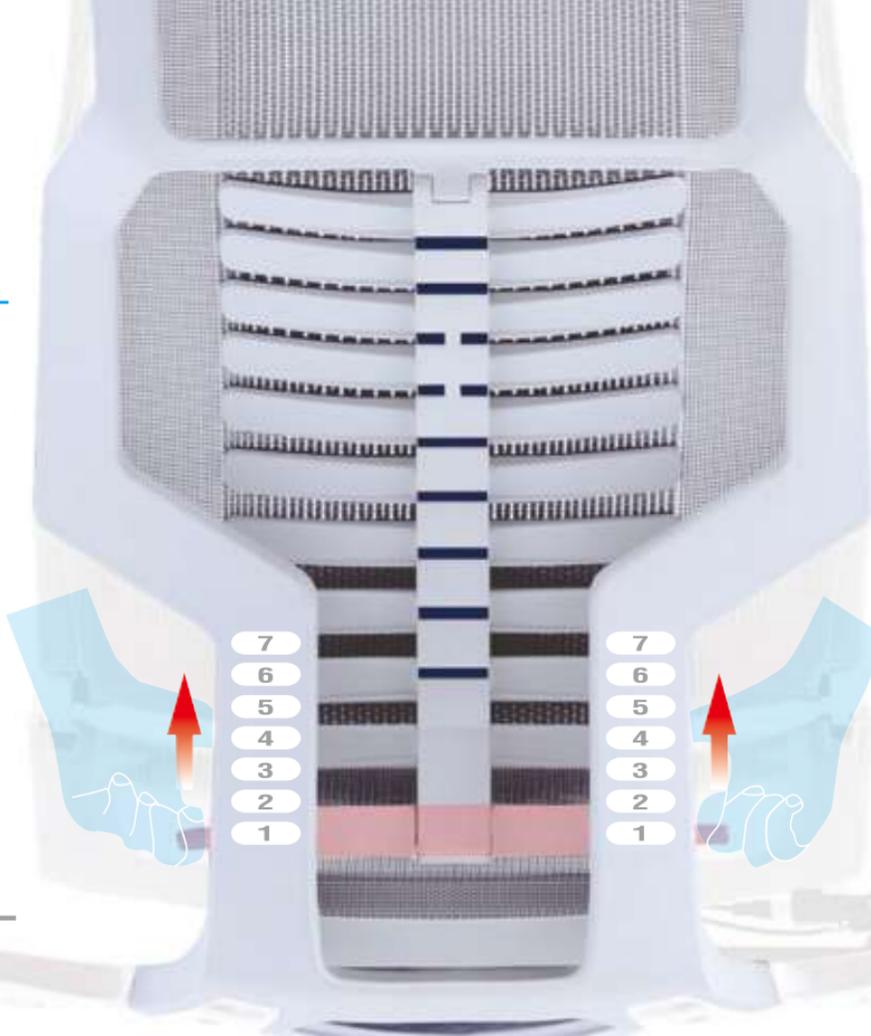
Male



Female



* You can adjust bionic spine positions by yourself according to different body needs when seated. If your lumbar & back spine are more tired, you can adjust bionic spine to 1 position higher than recommended below to increase spine support. When you are in the recommended position, reduce 1 position if you feel too much support on spine.



Correct Sitting Posture

Sit on seat cushion fully (your hips should touch chair's back). This is the key to providing full and correct support to your back, hips and legs.

- 1 Keep head and neck straight against headrest with eyes looking straight ahead.
- 2 Body against backrest, ensuring good back support.
- 3 Keep elbows bent at 90° angle, let hands drop naturally and relax your shoulders.
- 4 Keep knees bent at 90° angle.
- 5 Keep 2~3 inches between front seat edge to behind knees.
- 6 Feet flat on the floor or on a footrest.



Neck support

Powerfit 5D (double height, tilt, angle & shape) adjustable headrest can provide multi-directional support to your neck and reduce pressure on your neck.

Back support

Bionic spine is the best solution for back pain. It can provide 300% more support to your thoracic spine, lumbar spine and sacrum spine.

Lumbar support

LIVEMOTION lumbar system can automatically provide full and superior support to your lumbar area to solve lack of lumbar support while reclining.

Arm support

3D Armrest allows forearms to be supported to rest comfortably while using keyboard or mouse or reclining to prevent unsupported arms.

Hips support

Powerfit intelligent seat can deliver comfortable and breathable support to avoid hip pain.

Thigh support

Front seat depth adjustment suits different sized users and gives good support to thighs. It can disperse pressure on hip to contribute to better blood circulation.

HEALTHY & SMART APP

1 APP SETTING

-  DOWNLOAD  LOGIN 25 - 26

2 USE & ADJUSTMENT

-  CREATE PROFILE  CONNECT  LUMBAR PROTECTION SETTING 27 - 30

3 UBIQUITOUS HEALTHCARE

-  FUNCTIONS OF THE HOME PAGE 31 - 32
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4 FACILITIES MAINTENANCE

-  SETTINGS  FAQ 37-39

THE WORLD FIRST CHAIR WITH SMART APP



DOWNLOAD



Apple store



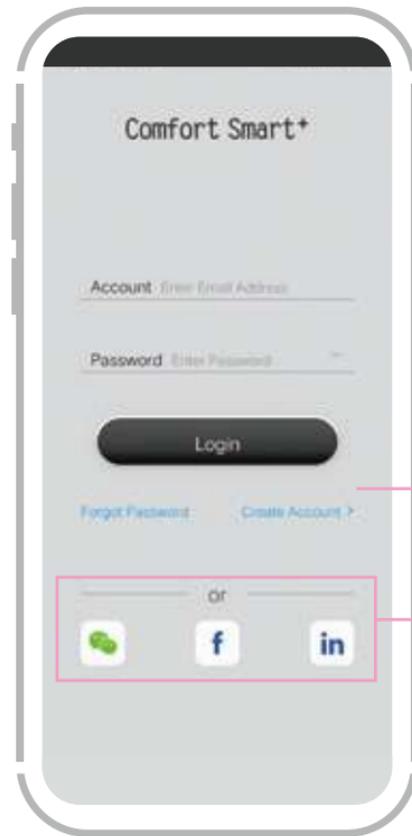
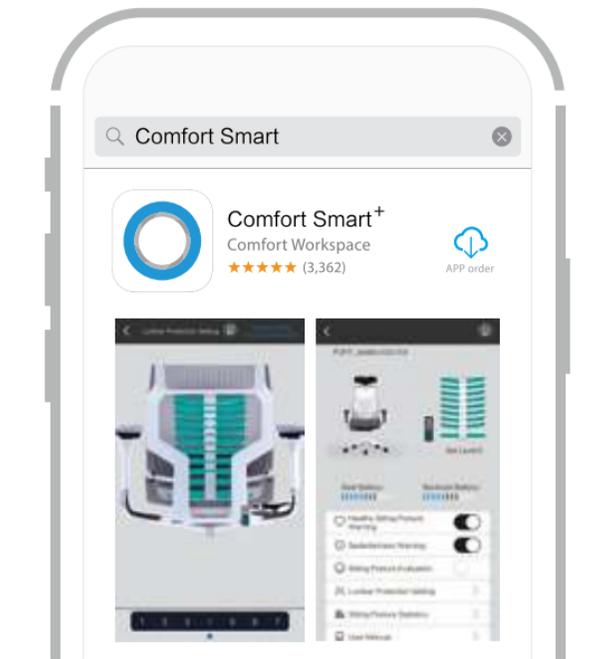
Android platform

Search and **download APP.**

 In order to achieve APP smart functions, please set your smart phone authority management.

APPLE  Settings-Notice-COMFORT SMART-Allow notice

ANDROID  Settings-Application Management-COMFORT SMART-Notice- Turn on lock screen display

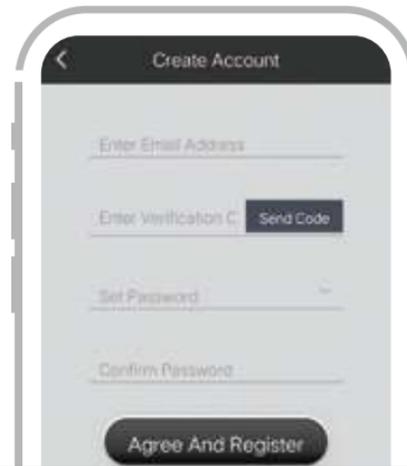


2 WAYS TO LOGIN

1

2

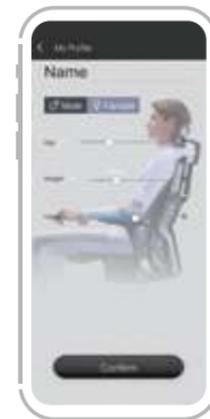
Log in via third-party (WeChat, Facebook or LinkedIn) and then turn to "My Profile" (For details of personal information, please refer to P-31).



CREATE ACCOUNT

For 1st time using app, please register account by email to get verification code and set password.

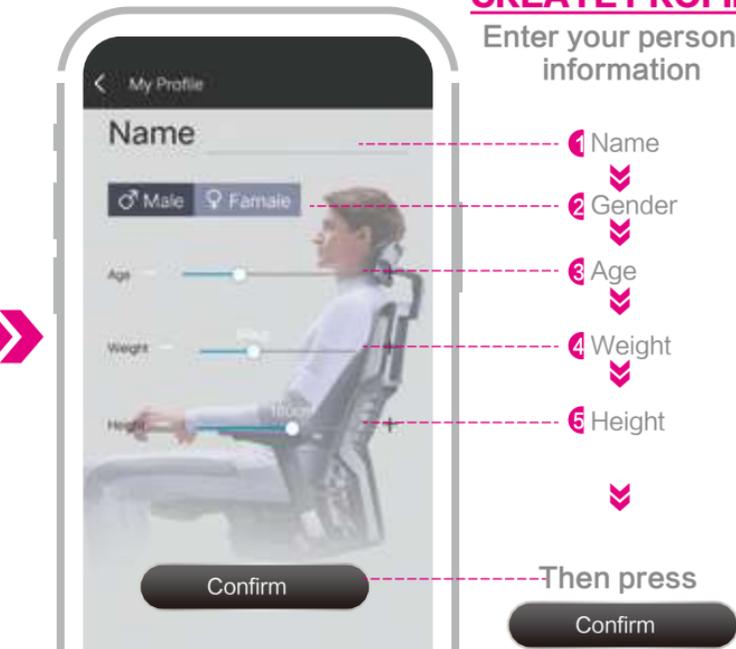
OR



CREATE PROFILE

Enter your personal information

AFTER LOGGING IN 



1 Name

2 Gender

3 Age

4 Weight

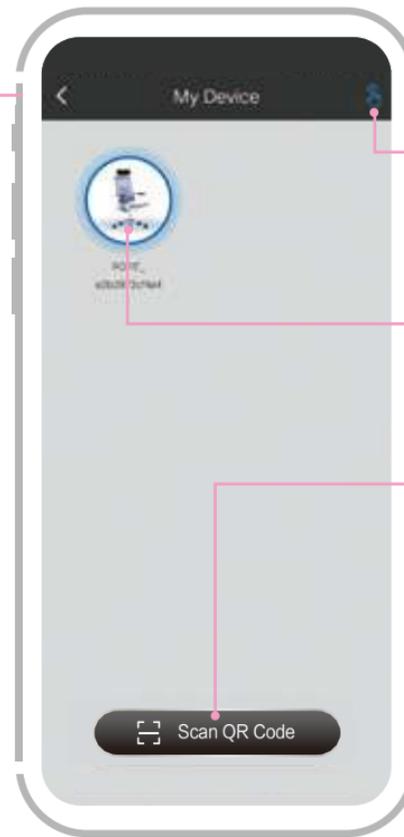
5 Height

Then press

Confirm



Remind to **turn on** bluetooth.



or  Connecting by entering ID code

 Connecting by Bluetooth

RECOMMENDED

or  Connecting by scanning QR code

*For more than 2pcs Powerfit with APP nearby, it is recommended to scan QR code for more accurate connection.



The QR Code and ID No. are stickered on the seat battery box cover.

CONNECT

3 ways to connect your Powerfit chair.

App can guide users to adjust to the best position for lumbar support through data analysis to help maintain user's health.



Situation A Suggested Levels

Lumbar levels are within comfortable ones
The bionic spine becomes green

You can confirm this level if you feel the level is the most comfortable position. You can try other levels to find the best comfortable position. Press "Level Confirmation" button

to save.

Level Confirmation

Save this level as the most comfortable level



Situation B Too High Levels

Lumbar level is too high
The bionic spine becomes yellow

APP will advise you to adjust lumbar level down to the suggested levels. You can try other levels to find the most comfortable position.

Press "Level Confirmation" button

to save.

Level Confirmation

Save this level as the most comfortable level

To Adjust Bionic Spine

To reduce bionic spine position, lift the handles to the **Top (7th level)** and push down to the 1st level, then adjust to the recommended level.



Situation C Too Low Levels

Lumbar level is too low
The bionic spine becomes red

APP will advise you to adjust lumbar level up to the suggested levels. You can try other levels to find the most comfortable position. Press "Level Confirmation" button

to save.

Level Confirmation

Save this level as the most comfortable level



When finished all settings, login app to access to functions home page directly

2 Seat & Back Power Display

3 P-37 Healthy Sitting Posture Warning

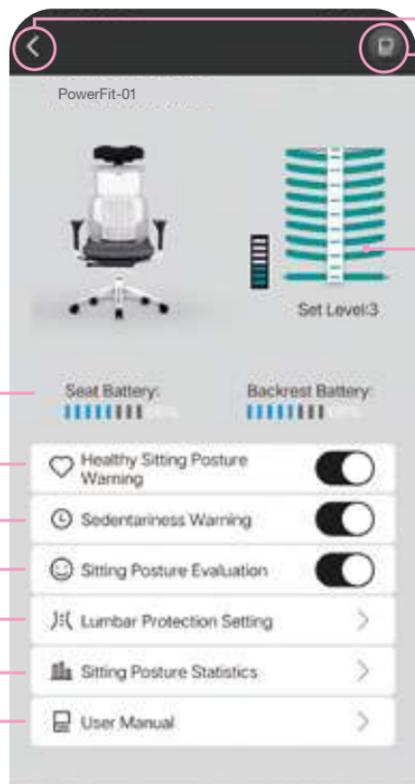
4 P-38 Sedentariness Warning

5 P-39 Sitting Posture Evaluation

6 P-33-34 Lumbar Protection Setting

7 P-40 Sitting Posture Statistics

8 User Manual

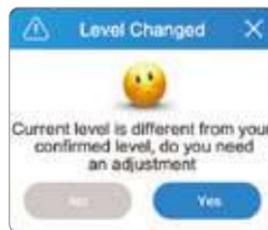


1 P-33-34 3 situations of set level

A **GREEN** when lumbar support is at the recommended level

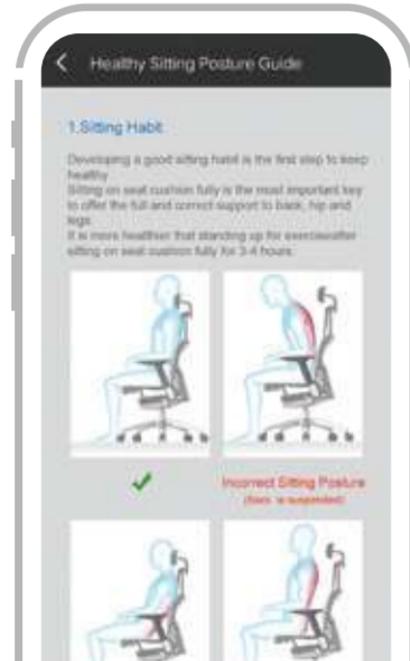
B **YELLOW** when lumbar support is above the recommended level

C **RED** when lumbar support is below the recommended level



When APP detects **lumbar levels have been changed**, APP will send a reminder. If you press "YES", you will get direct access to "Lumbar Protection Setting".

9 **HEALTHY SITTING POSTURE GUIDE**



10 **CONNECTED CHAIRS DISPLAY AREA**

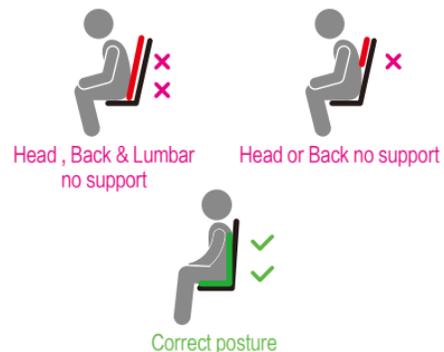
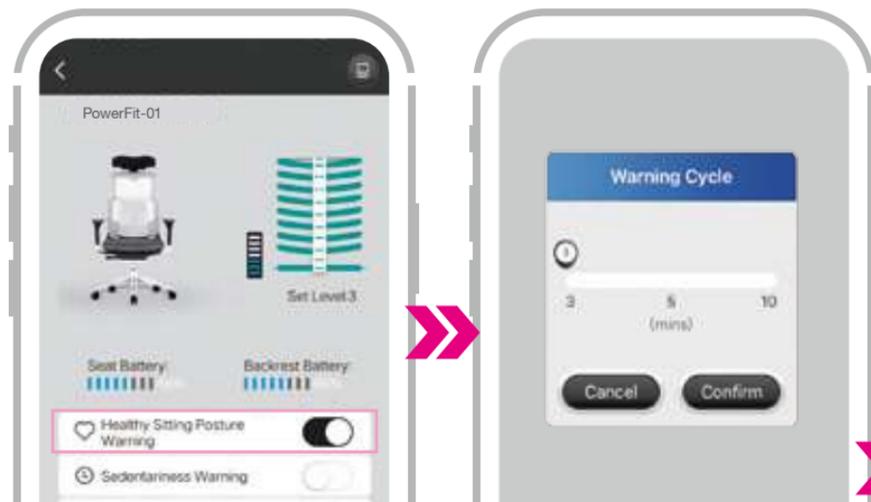
When you reach the home page functions, click "back" to access to this connected chairs show area. This page can add (click ) and switch connection with other Powerfit chairs quickly. This area will record and display all connected chairs.

UNLINK MY CHAIR

Press and hold the chair picture to unlink the chair. If confirm "unlink", the chair will not appear in the display area. It will not connect automatically when you login again. You need to re-connect the chair to re-link it.



Press and hold chair name to rename your chair. Connection is successful if the picture circle becomes **blue**.



HEALTHY SITTING POSTURE WARNING

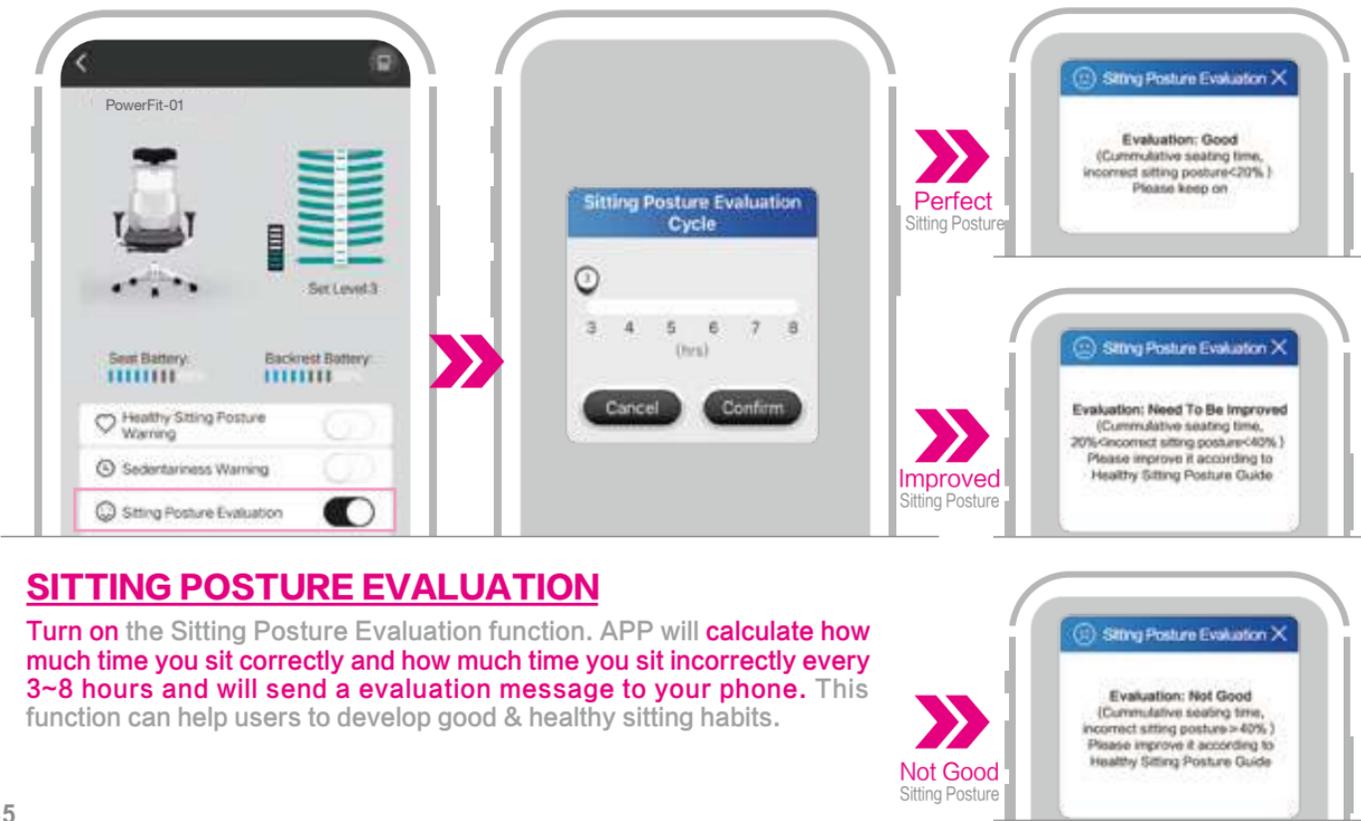
If APP detects any incorrect sitting posture, it will send a warning message to your phone. You can set the warning to alert you every **three, five or ten minutes**.



Healthy Sitting Posture Warning
 “Yes” – access to “Healthy Sitting Posture Guide”

SEDENTARINESS WARNING

When you **turn on the Sedentariness warning**, the APP will detect your activity status automatically. It will send a message to remind you to get up to move when you sit still for too long. You can set the warning to alert you every **two, three or four hours**.



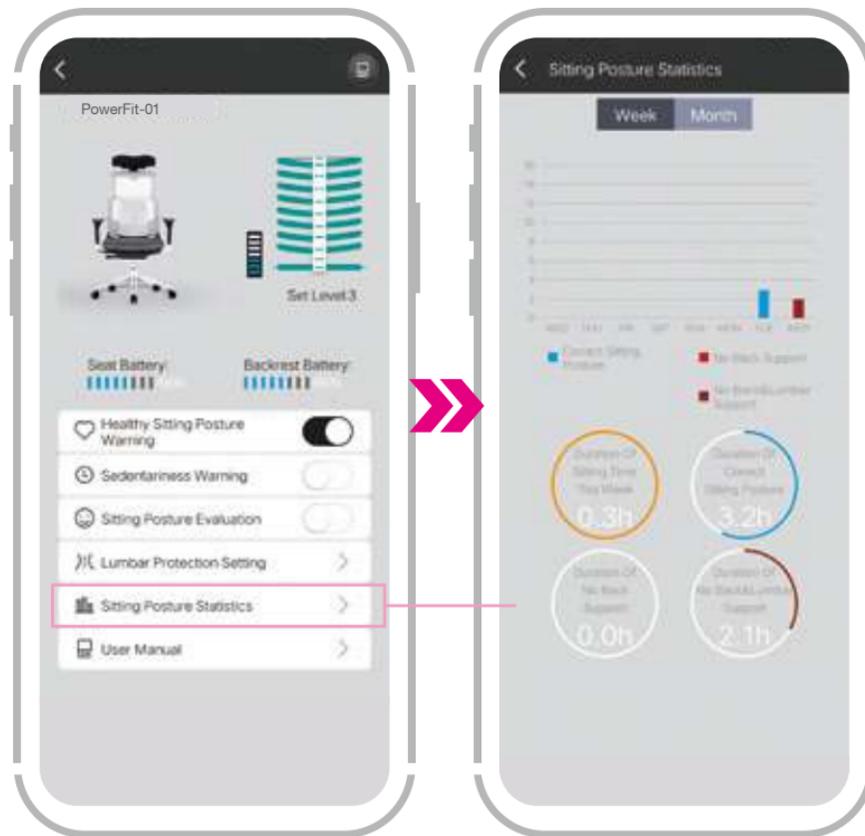
SITTING POSTURE EVALUATION

Turn on the Sitting Posture Evaluation function. APP will calculate how much time you sit correctly and how much time you sit incorrectly every 3~8 hours and will send a evaluation message to your phone. This function can help users to develop good & healthy sitting habits.

Perfect Sitting Posture

Improved Sitting Posture

Not Good Sitting Posture

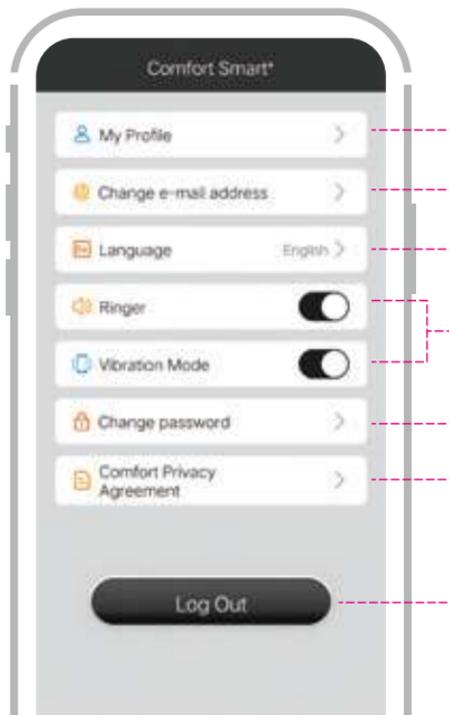


SITTING POSTURE STATISTICS

Review sitting posture status weekly or monthly by clicking on "Sitting Posture Statistics". Your total sitting time, correct sitting posture time and 2 types of incorrect sitting posture time (no head or back support and no head, back & lumbar support) are recorded.

SITTING POSTURE STATISTICS

Review sitting posture status weekly or monthly by clicking on "Sitting Posture Statistics". Your total sitting time, correct sitting posture time and 2 types of incorrect sitting posture time (no head or back support and no head, back & lumbar support) are recorded.

**SETTINGS**

-  Review & revise personal information
-  Change e-mail address
-  Language: Chinese, English, Japanese, Spanish, Korean
-  Turn on the Ringer and Vibration to get sitting posture status notifications. Never miss any healthy reminders.
-  Change password
-  Comfort Privacy Agreement
-  You can switch account after logging out.

1. No device found or cannot connect device

- When you sit on the chair, lean back on the backrest to “wake” the seat and backrest sensors;
- Make sure your Bluetooth is turned on, your smart device is close to your chair and there is working internet;
- Remove the seat batteries and put them back in to reset the seat sensor;
- Restart “Comfort Smart+”;
- Restart your smart device;
- If you are still unable to connect the App to your chair, your chair may be connected to another smart device.

2. Cannot connect the saved chair in “Connected Chairs Display Area”

- Press and hold the icon to delink the saved chair and then connect your chair again.

3. After connecting successfully, the display of current level (in “lumbar protection setting”) doesn’ t change when user adjusts the lumbar support

- Data transmission may be delayed after you are successfully connected. This should resolve itself within 20 seconds;
- Your backrest may still be “asleep”. Please lean back on the backrest to “wake” the backrest connection.

4. Battery level suddenly goes to “0”

- Seat and backrest sensors enter hibernation after 5 minutes of no use. Please sit on the chair and lean on the backrest to “wake” both sensors.

5. Your smart device does not automatically connect to your chair

- Make sure “Comfort Smart+” is running in the background;
- Your App will automatically connect to the chair used last.

6. Your smart device does not connect to your chair

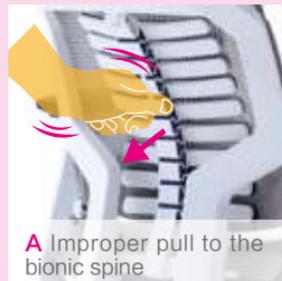
- Seat and backrest sensors enter hibernation after 5 minutes of no use. Please sit on the chair and lean on the backrest to “wake” both sensors;
- Restart “Comfort Smart+”;
- Remove the seat batteries and put them back in to reset the seat sensor;
- Your chair may have been connected to someone else’ s app when your app was disconnected. Two devices cannot be connected to one chair at the same time.

7. If you did not receive a verification code, please check your junk mail.

* If you are still having problems with your App or connecting to your chair, please call 1-800-637-0005 and follow the prompts for customer service.



3 improper use may cause **bionic spine retroflexion**



A Improper pull to the bionic spine



B Improper push to the backrest



C Extra pillow beside the backrest



Bionic spine retroflexion



Solution:

When there is a bionic spine retroflexion, push the bionic spine lightly to get it back to the normal shape and structure.

